



GFWC
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**GENERAL FEDERATION
OF WOMEN'S CLUBS**



**The Washington
ClubWoman**

Fall 2024

No. 108 Vol. 2

GFWC-Washington State is a member of General Federation of Woman's Clubs (www.gfwc.org)
1734 N Street NW, Washington, D.C. 20036-2990 Phone (202) 347-3168

**Special
Events!**

1. **GFWC-WS Seasonal Bash (Summer Planning/Fall Board/WSR Prep)**
Saturday August 17, 2024
Sumner VFW 9:30 am-approx 3 pm
2. **2024 GFWC Western States Region Conference**
Sept. 5-8
Embassy Suites by Hilton Seattle-Tacoma International Airport
15920 West Valley Highway
Tukwila, 98188
3. **Little Steps, Big Dreams 5K**
Sunday, September 22
Walk heads out at 8:40 am
Puyallup-Farm 12
Fundraiser for **Step by Step***

***Step By Step**

Supporting mothers on their journey to motherhood. For over 26 years, Step By Step has helped thousands of families in our community, giving babies a healthy start and moms the skills they need to thrive.

As a Washington State First Steps provider, we offer both Maternity Support Services and Infant Case Management, using a holistic approach that includes home visits from registered nurses, licensed counselors, and registered dietitians.

We recognize that to build strong families, moms need to have their needs met—physically, mentally, and socially. We're proud to offer mental health support groups, crisis and homelessness prevention services, job training, educational scholarships, and peer mentorship, while also fulfilling tangible needs such as car seats, strollers, and food.

In addition to funding from government organizations, grants, and generous community members, Step By Step is supported by our own social enterprises, Farm 12 and Fika. Based in Puyallup, our restaurant, event space, and coffee shop are vibrant community gathering places where we come together to support Step By Step financially and through our Dreams Work job training program.

"Living the Volunteer Spirit"



Kimberly Skagen
GFWC Washington
State President
2024-2026



Our quiet little state is about to get very busy! Two years of planning have led us to this crucial point, with less than a month before our significant events.

As of today, we have received seventy-nine registrations for the Western States Region conference, which is half of what we are expecting. The number of rooms in our hotel block has been increased, indicating more registrations are on the way. We need your help more than ever and would be incredibly grateful for your participation! Please consider attending our Summer Planning/WSR prep. We have a fun day coming up in two weeks, Saturday, August 17, at the Sumner VFW. It is not too late to send in a registration. We have 150 swag bags to stuff, meal tickets to sort, name tags and lanyards to assemble, and other tasks. We have a few tasks to get out of the way in the morning, but the rest of the day will be a hands-on work party! Remember to bring something tasty to share for 'breakfast' and that we will have pizza and salad for lunch. We need everyone here to get it all completed in one day.

Just three weeks after our work party is the actual conference weekend! WSR is September 5th through 8th at Embassy Suites in Tukwila. Tours are filling up, hoping for great weather. The tour on Thursday will be heading to Snoqualmie and Woodinville. The tour on Friday will be to the Locks on Lake Union and Pike Place Market. All iconic locations and so much more enjoyable in pleasant weather! Friday night is our night to shine. We are hosting the State Night dinner, and we need as many of you as possible in attendance! Your presence will add to the vibrancy of the evening. We would like to have a minimum of one Washington State member at each table to chat with our guests and share what you think makes our state and our federation special. I understand if you are uncomfortable attending the meeting sessions, which start on Saturday morning, but everyone is welcome to stay or come back. President Pam has put together an informative agenda and all CSPs will have a brief presentation of innovative ideas and changes and even a skit or two. I am thrilled that my 'Welcome to Tukwila' speaker accepted my inquiry, and Katie Ringgold, the current Vice President and General Manager of 737 Programs, will welcome us. I just might have a bit of a girl crush on her; she is impressive!

Because we do not have enough going on this month, I and others who represent our state will be attending the GFWC Board of Directors meeting in Washington, DC. It is an honor to serve on our board and is only available to you once you have served as a State President. Susan Tyler, Nancy Burdick, and Carlene Garner will join me for four days of meeting sessions, workshops, and Federation. Everything we learn will be shared with our state members through our newsletter, CSP chairs, and state handbook.

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"Living the Volunteer Spirit"

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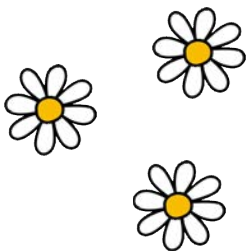
Our state handbook is a work in progress. As too many projects are underway, the manual will not be ready for distribution at the Summer Planning Day as I hoped--totally my fault. I am trying to balance what we need to educate our state members and what we receive through our GFWC manual and chairpersons. I prefer we do not replicate or duplicate just to fill pages and instead include what is important and meaningful to our state members. Nancy Burdick, our Dean of Chairpersons, will be reaching out to the chairpersons with more information once we get beyond WSR weekend, and only then will we get it submitted to Susan Tyler, our Administrative Secretary, so she can work her magic and prepare something for which we can be proud.

Thank you all for embracing Mabel and taking her along on so many of your adventures. Searching #flatMABEL on Facebook is so much fun! If you have not tried it yet, you need to! And... you need to head to our website and check out Mabel's Road Trip adventure! Rita and Dale have created a fun, unique way to share Mabel's visits with all of you. I need to share some of those posted on Facebook to Dale so he can add even more stops to Mabel's map. I have sent out several Mabels but if you would like one, just let me know and I will get her in the mail!

It is a bit of a different start to our administration this term, hosting WSR and bypassing our standard Fall Board. I am hoping my monthly communications are helping bridge that gap and no one feels abandoned! We are here for you any. time you need help!

Thank you for all your efforts, your attention, and for being a GFWC-WS member!

xo Kim



“Autumn is a second spring when every leaf is a flower.”

– Albert Camus

GFWC Washington State Officer report – President



September 2024

June means Convention and many of us found ourselves in Chicago, IL for this year's GFWC International Convention and Installation. Washington State was represented this year by 7 attendees.

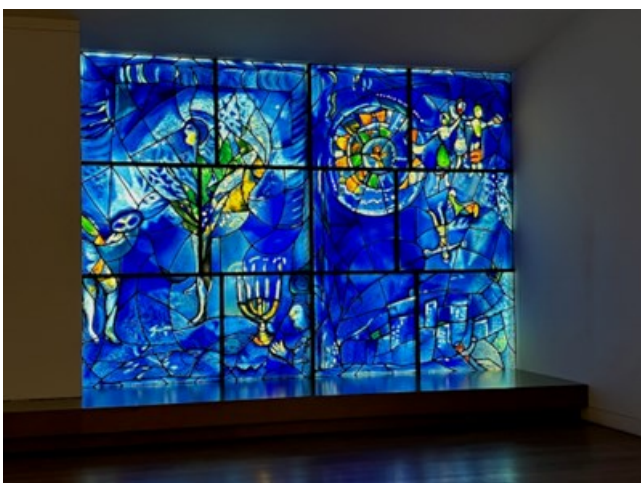
On Thursday, those of us who chose not to do the Architectural Boat tour instead went exploring. We walked and took a pedicab over to the Shedd Aquarium but discovered pre-purchased tickets were needed. The grounds near the Shedd are interesting and full of sculptures. This particular stone head caught my attention!



We took the water-taxi over to Navy Pier to continue exploring and got our picture taken outside the infamous Harry Caray's Tavern! Found the air-conditioned Visitor Center and had a lovely conversation with the associate on duty who gave us many pointers and suggestions for lunch.



Thursday night we decided to try out a Chicago delicacy... deep-dish pizza! It was delish! And definitely different from pizza we typically enjoy here – thin crust with few ingredients and little cheese. This was crusty and tomato-y and all kinds of yummy! Crazy things you see while walking back to the hotel included this loud decked out vehicle!



Friday we again ventured out and visited the Art Institute of Chicago, specifically to see the Georgia O'Keefe exhibit. Very surprising, not the typical flower portraits she is most known for but instead other pieces that were just as moving. Most completed when she lived in New York, prior to moving to the desert. Also viewed the amazing Chagall glass wall.

"Living the Volunteer Spirit"

After the culture, Mabel decided it was time for refreshments! Chicago is home to the largest of all the Starbucks Roasteries. Four stories plus a rooftop terrace filled to the brim with all things caffeine and tasty goodies!



Friday afternoon a couple of us decided we needed a good exercise walk to burn out some of all this eating we were doing and hiked down to see

the famous Cloud Gate Art Sculpture, also known as 'the Bean'! Its like nothing you've ever seen!



Saturday morning kicked off the business sessions with the formal flag ceremony and opening festivities. We, of course, represent Washington State in our "uniform" of green jackets, white tops, and navy bottoms. We are a sharp looking bunch when assembled with our flag!



The remaining days of Convention are filled with business sessions, workshops, speakers, awards, and of course more eating! Credentials stated there were over 800 attendees, boosters and guests! These remaining pictures are from some of the dinner banquets...

Gala night with every shade of purple represented and Installation where the members of President Suellen's home state welcomed all of us into the banquet from the balcony surrounding the room.



And one last photo from Installation ! night!





WSR September 5-8, 2024, Embassy Suites in Tukwila

Western States Region Conference

It's almost here, Western States Region Conference in Tukwila, September 5-8th. I hope many of you have planned to attend.

Nancy Jones has arranged two fantastic tours, one on Thursday and the other on Friday. I hope you signed up for one or both. Friday night the dinner is honoring Washington State. We will be assigning table hosts for the dinner. Table hosts will talk with those at your table and make them feel welcome. Washington State members are encouraged to wear green to Friday night dinner, prefer after five attire. Martha Curwen has arranged some unique entertainment.

After Friday dinner we will celebrate with a party in the Hotel Annex. International President, Suellen Brazil will be speaking Saturday night and President-elect, Wendy Carriker will speak at lunch. Sam Wotipka will speak Saturday morning about Federation Forest State Park and a speaker from Step by Step on Sunday. There will be numerous presentations on membership, leadership, and other GFWC programs.

I want to thank all the wonderful chairpersons who helped to put this conference together. We are expecting over 150 people to attend. I will be assigning more volunteers at our Summer Bash on the 17th. So, if you don't have a job to do at WSR, I will have one for you.

Nancy Burdick
GFWC-Washington State
Western States Region Conference Chairperson



2024-2026 GFWC-WS Board of Directors

Executive Committee

President	Kimberly Skagen
President Elect	Cindy Bassage
Vice President	Paulette Stinson
Secretary	Nancy Jones
Treasurer	Jeanette Jester

Presidential Appointments

GFWC-WS Parliamentarian	Carlene Garner
GFWC-WS Administrative Secretary	Susan Tyler
GFWC-WS Dean of Chairmen	Nancy Burdick
GFWC-WS Endowment Trustee	Cheryl Holman
GFWC-WS Financial Secretary	Nancy Larsen
Protocol and Inspiration	Linda Butcher
GFWC-WS Clubwoman Newsletter	Char Lysne
GFWC-WS Webmaster	Rita Loseth
President's Special Project	Vicki Connor

CSPs & Special Projects

CSP - Arts & Culture / Art Room	Vicki Connor
CSP - Civic Engagement & Outreach	Brianne Palomino
CSP - Education & Libraries / Scholarship	Sandra Groves
ESO Director	Jeannette Jester
CSP - Environment	Sally Larsen
CSP - Health & Wellness	
Domestic Violence (Special Project)	Diane Cunningham
Advocates for Children (Jrs Project)	Kathie Jorgenson
Communications & Public Relations	Mary Lee Miller
Leadership, LEADS & Committee	Cindy Bassage and District Chairs
Legislation & Public Policy	Martha Curwen
Membership Chairman & Committee	Nancy Burdick and District Chairs
Community Impact Program (CIP)	Bonnie Walden
WHRC Chairman [Committee]	Lynn Cline
Fundraising [Committee]	Chris Kamps

District Presidents

Columbia	Carol Styles
King County	Brianne Palomino
Northeastern	Lela Taylor
Peninsula	Rena Johnston

Special Committees

Bylaws committee

Chair	Kathie Jorgenson
	Nancy Jones
	Nancy Burdick
	Paulette Stinson
oversight	Carlene, Cindy, Kim

Resolutions committee

Chair:	Susan Tyler
Member	Bonnie Walden
Member	Kim Skagen

Convention & Meetings

WSR Chairman	Suzanne Bagdon
Convention Decorations	Nancy Burdick
Registration	Char Lysne
& Credentials	Pinkie Eggleston
	Beth Juvik

Scholarship Trustees

EDU Chair	Sandra Groves
Member	Tina Bair
Financial Secretary	Nancy Larsen

Federation Forest

Char Lysne
Sally Larson

Fundraising Committee

Chris Kamps
Carol Styles (?)

MEMBERSHIP

Clubs need to have fun and worthwhile projects in order to retain and gain members. You need members so you can do more projects to help your community. Working on membership is a continuous process. If you need to, adapt your meetings for your members. Change the date or time or even the location. Make sure everyone feels welcome and included in activities. They may not be able to participate in everything but give them the opportunity to do things. Be open to new ideas.

One of the best ways to find new members is on Facebook. If your club doesn't have a Facebook page, create both a Facebook page and Facebook group. GFWC Washington State has both. Use Facebook and other social media to promote your club. A simple post of "we are looking for women that are interested in being a part of the General Federation of Women's Clubs to improve their community and make new friendships". I have seen numerous posts of women looking to make friends and be involved in the community. We can fill that need.

Helpful resources can be found by using the GFWC membership portal. Download the GFWC Club Manual. There is information on membership, leadership, fundraising, and community service programs as well as a wealth of information to help you with your club. On the portal you can also download the "Membership Tool Kit" which has information about starting a new club.

I have been working on forming a new club and/or expanding the Moses Lake club. Through several Facebook posts on Moses Lake community group pages, I found several women who were interested in a GFWC club. Martha Curwen, Nancy Gladstone and I went to Moses Lake and held an informational meeting about forming a new GFWC club in Moses Lake. We had 5 ladies attend. All 5 are very interested. I also have another 15 ladies who are interested. Nancy Gladstone and her daughter talked to Margaret Schiffner after the meeting. Some of the ladies will be joining GFWC Moses Lake and others are interested in forming a new club. Flat Mabel found her way to the meeting.

We would also like to pursue forming a new club in both the Anacortes area and Toledo areas. Is there an area near you that we could start a club? Are you willing to help?

Nancy Burdick
GFWC-Washington State
Membership Chairman



"Living the Volunteer Spirit"

Community Service Program Reports

Environment

Sally Larson, Chair



Summer has a ways to go in Washington.

Make sure you keep all your planted trees, shrubs and flowers well watered. If you choose native plants and trees, watering obligation ends pretty much after 2 years. Although water is good for all wildlife also, be careful to get rid of standing water because it often attracts unwanted bugs and rodents. A way to help your necessary garden insects is to provide different plant bloom times, which can be done planting different native perennials this fall. And this technique will draw a larger variety of birds and wildlife.

Continue to be diligent about pulling noxious weeds and plants including Himalayan Blackberries, tansy, English Ivy (rats love ivy), knot weed and Creeping Charlie. When you do pull your weeds, make sure they are really weeds and not a wild flower. Remember insects are wild life too and they need native food to eat. Should you start fall clean up don't clean your gardens—leave the leaves where they fall. It's very possible an insect is in some state of life is attracted to the leaf or will be finding a winter home under the protection of leaves. Also think twice before you trim the dead branches of trees and scrubs. Ants, wasps, and butterflies all live in dead wood during some part of their life. Lastly, leave seed pods on your plants and trees. Many insects survive the winter by eating the seed pods contents and then become food for birds and their fledglings.

Spot light plant: Goldenrod

Dry to moist poor soil with good drainage

Grows up to 4 feet, best in mass plantings

Early fall bright golden yellow pyramidal flower clusters

Attracts goldfinches, sparrows, towhees, chickadees

Insects attracted include moths, butterflies and bees (these insects need the late in growing season pollen and nectar to build up winter stores of energy)



“Living the Volunteer Spirit”

Federation Forest Shed to Housing Project

Converting an unused historic shed into housing for an additional park employee to live on site.



Dear Washington State General Federation of Women's Clubs Members,

On behalf of the State of Washington, I want to thank you from the bottom of my heart for your generous donation of \$14,000 for Federation Forest State Park. These funds will go towards completing badly needed renovation of the historic cabin that has been unused for some time.

As you know, our region is experiencing a housing crisis which has decreased our ability to have more of a staff presence in some of our parks. Shortly after renovations are completed, we will have a skilled maintenance employee on-site to make emergency repairs and help with the list of backlogged projects. Having somebody overnight in the

shop compound will also strengthen security for our vehicles, equipment, and tools.

I really appreciate our longstanding partnership and your continued commitment to the wellbeing of this important place.

Sincerely,

J. Vassallo

Washington State Parks & Recreation Commission

Tahoma Gateway Area Manager



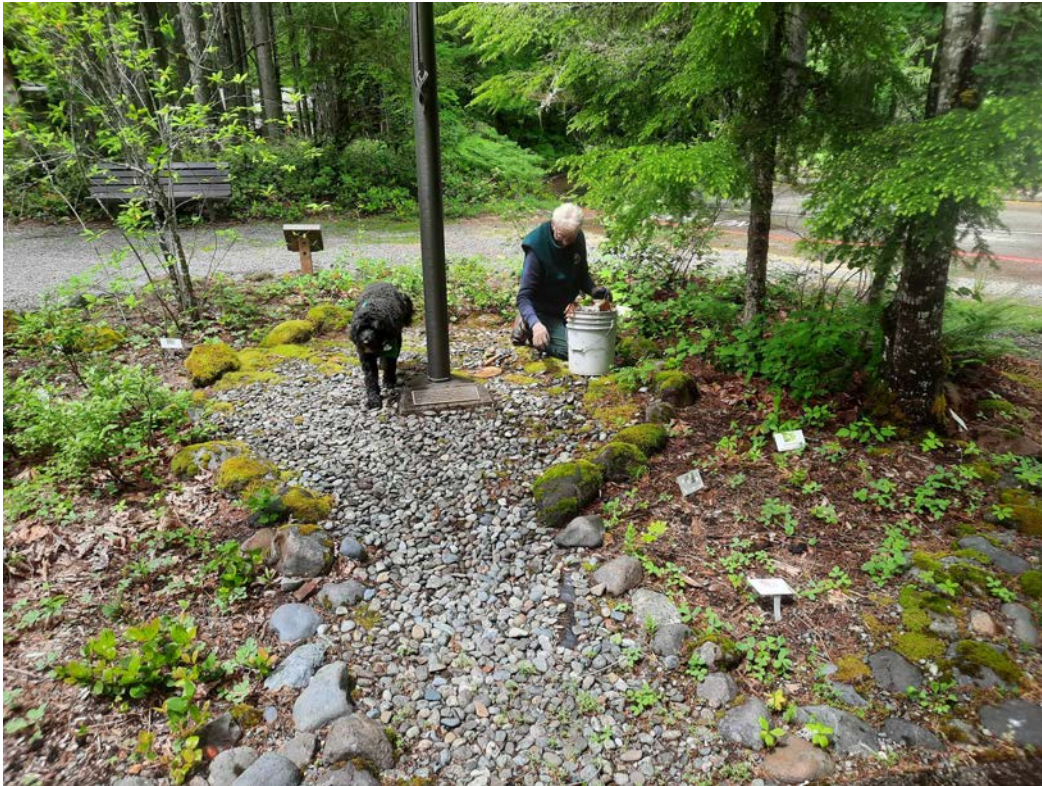
These photos will be reviewed by an independent panel of judges and one dog will be awarded the coveted distinction of:

GFWC-WS Bark Ranger of the Year

To be announced at Spring Convention 2025

“Living the Volunteer Spirit”

Federation Forest Workday June 15

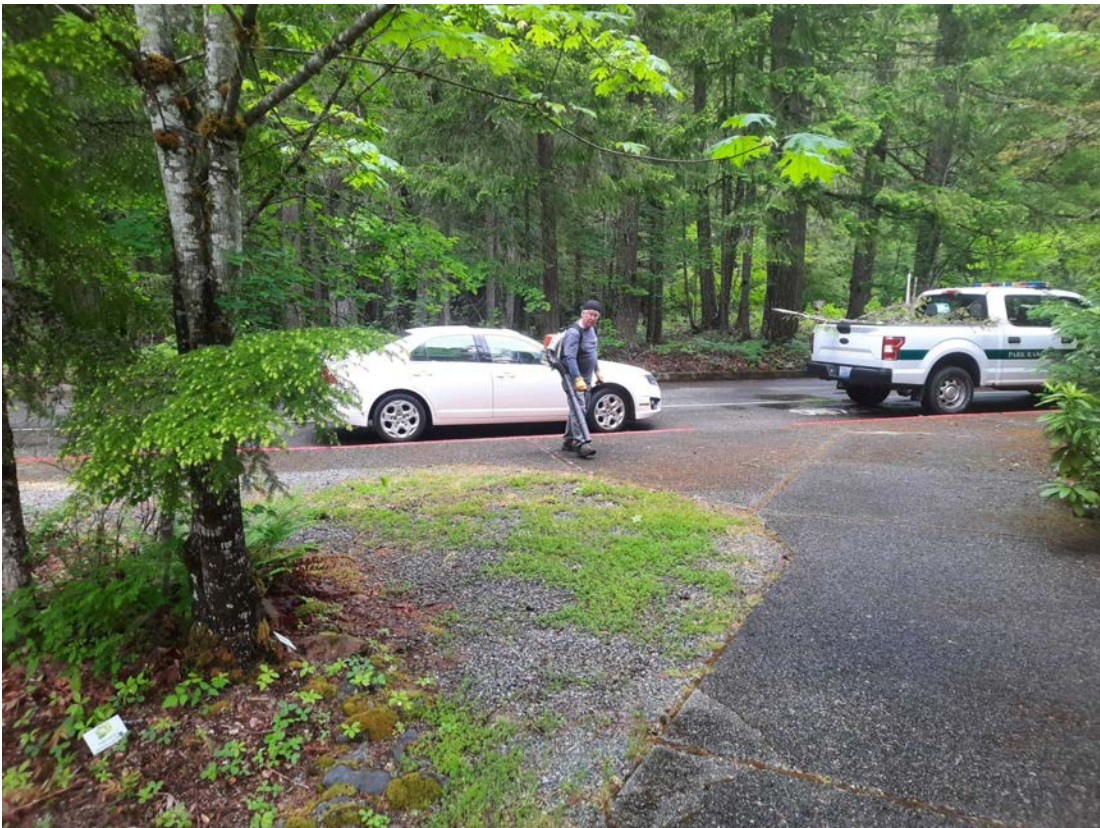


“Living the Volunteer Spirit”

Federation Forest Workday June 15



“Living the Volunteer Spirit”



“Living the Volunteer Spirit”

Clubs in Our State

GFWC Avalon

GFWC Avalon Women's Club made 160 hearts for the welcome bags for Western States Region Conference to be held September 5-8 at Embassy Suites by Hilton in Tukwila.

GFWC Avalon Club Installation of Officers on May 29, 2024.

Pictured below from left to right:

Rena Johnston, President; Norma Martin, Vice President; Anna McKinney, (holding #FlatMabel) Gail Crump, Treasurer; Char Lysne, Installing Officer.



GFWC Avalon Women's Club hosted a tea on Saturday, May 11, 2024. The tea was organized not only to celebrate Mother's Day, but also to educate the attendees about the mission of the club and hopefully generate new members. Club information trifolds highlighting club purpose, supported organizations, meeting times, contact information, and event pictures were available at each table. A sign in sheet was at the welcome table to enable the club to contact people for future events and potential new members.

The Collect was explained as an important document that is recited by GFWC members at meetings, and was read at the beginning of the tea. Several of the

attendees stated that the Collect is certainly inspirational.

Tea, finger sandwiches, petit fours, and many food items were provided. A local group of Hawaiian musicians performed at the tea and those attending appeared to have a great time.

Drexel House Donations

Donations made to Drexel House included bath towels, twin-sized sheets, disposable razors, shaving cream and toothbrushes. Drexel House opened in 2007 and is the only facility in our state that combined emergency shelter, transitional and permanent housing in one location. The Drexel House campus now provides a continuum of housing care in a safe environment that fosters respect and dignity, with an emergency shelter for 16 men and 86 units of permanent supportive house for men and women coming out of homelessness. Case management, referrals, transportation and supportive services are provided on site.



"Living the Volunteer Spirit"

Clubs in our State

GFWC Battle Ground



GFWC-Battle Ground met officially for the last regularly scheduled meeting of the club year on Thursday, June 13, at the Kiwanis club's building in Kiwanis Park. The meeting started with a picnic lunch exchange, using the same rules as the club's Christmas white elephant gift exchange. After lunch, officers for the 2024-2025 club year were installed.



Installing officer for the installation ceremony was Bonnie Walden, GFWC-Battle Ground's first president in 1972. "She's come a long way, Baby." Besides being a charter member of the Battle Ground club, she is a past president of several levels of GFWC: Columbia District, Washington State and Western States Region. She has shared her time and talents on several committees at the national level as well.



"Living the Volunteer Spirit"

Clubs in Our State

GFWC Camas Washougal

GFWC CAMAS WASHOUGAL CAMAS DAYS CORONATION AND PARADE

Dennis and Kooky Helland were selected 2024 King and Queen for Camas Days. They received their crowns from 2023 Queen Jeanette Jester, a member of GFWC Camas/Washougal. This is an honor given to people over 55 years of age based on service to the communities of Camas and/or Washougal.

Because many of our members were either ill or recovering during the parade weekend, we had to cancel the annual luncheon for all former courts following the parade. Thanks to some husbands and VFW members, the tents were pitched, and a couple of members were able to welcome the court to the viewing area.

We co-sponsor this event with Washougal IOOF #194. We will store all decorations for future use.

Jeanette Jester President



"Living the Volunteer Spirit"

Clubs in Our State

GFWC Chambers Bay

Chambers Bay has kept busy during the summer with ongoing projects and plans to start our club meetings again in September. We have audited our books and completed our proposed budget--always a good task to have behind you.

On a gorgeous Saturday morning five of our members cleaned one of Tacoma's favorite parks and then enjoyed a wonderful breakfast at the

local pub. We finished the day by attending a regional rose flower show. One of our members had entered a miniature rose in the competition and she won the blue ribbon which was announced while we were at the show. You can imagine how excited we were!

Five members and two husbands worked at the annual Federation Forest work day June 15. With the help of Linda Butcher from Sokico Club, we planted six Western Red Cedars in a cedar grove, A Chambers Bay member donated the trees. And because the project went so well and was enjoyed by all, the donor plans to plant more trees—Big Leaf Maples-- in 2025.

Preparations for hosting the GFWC-WS Peninsula District Fall Conference was another summer project. The conference venue is next to the beautiful Puget Sound. The decorations and lunch menu have been decided. We are on our way to being ready to host a successful fun conference!

The last week of July three members took the Sounders Train to Seattle to see the Calder exhibit at the Seattle Art Museum.

We look forward to WSR and hope to see many of you there in September.



Clubs in Our State

GFWC Kitsap Peninsula

GFWC Kitsap Peninsula held a picnic in Evergreen Park in Bremerton. This was a fun time to get to know each other. Members in attendance were Sue Kehm, Kathy Park, Julie Thompson, Sally Gill, Donna Raymond, Nancy Burdick, and new member Pat Brown. Two days later members gathered at the home of Juanita Paulson for a sewing party to make.

Christmas stockings which will be filled in November with toys and goodies for children at YWCA Women's shelter. They also made pencil bags for the Christmas Shoe Box project. Sewing were Julie Thompson, Laura Guerra, Kathy Park, Juanita Paulson, Pat Brown, and Sally Gill. Every month club members donate bingo prizes to 2 assisted living facilities. Sally Gill and Julie Thompson go to one of the facilities to "call" the Bingo games. Flat Mabel has been spotted at several GFWC Kitsap Peninsula events.



GFWC Peninsula Keystone



GFWC Peninsula Keystone – Members attended high tea at Freight House Square in Tacoma. Members in attendance included Carlene Garner, Martha Curwen, Nancy Burdick, Beth Juvik, Laura Guerra, Cindy Bassage, and Kim Skagen (missing from photo). #Flat Mabel was also in attendance.

"Living the Volunteer Spirit"

Districts in Our State

GFWC-WS Peninsula

GFWC-WS Peninsula District Happenings

Time is going by too fast. It will soon be time for lots of District activities. Clubs will be resuming their monthly meetings in September and making plans for interesting activities and projects. I am excited for the next two years!

Due to all the activities preparing for Washington State to host the Western Region Conference this year, I have opted to forgo a District picnic this summer. I plan to organize one for next year.

I also had to reconsider the date for the Fall Board meeting. I have a couple of locations in mind for our Fall Board meeting, but nothing has been confirmed yet—will let you know when I have further details.

Martha Curwen has contacted the Emergency Food Network and has scheduled volunteering for Thursday 9/26 from 9:00 to 11:00 am for National Day of Service. We need a **minimum of 8** workers to a **max of 15**. ***Please let Martha know if you plan on attending.***

Coming up soon:

GFWC-WS Peninsula District Fall Board – September 17, 2024.

September 26, 2024 - National Day of Service

GFWC-WS Peninsula District Fall Conference – October 19, 2024 (hosted by GFWC Chambers Bay on Ruston Way in Tacoma.

Holiday Bazaar at Faith Lutheran Church in Lacey – November 2, 2024. Three district clubs will have tables at the Bazaar.

GFWC Avalon will be hosting the 2025 Peninsula District Fall Board with a tentative date of March 29, 2025. It will be held at the Mountain Greens Mobile Home Park club house. More details to come.

If you have any questions or further information, please give me a call. My number is 360-455-0466.

Rena Johnston
GFWC-WS Peninsula District President



**GENERAL FEDERATION
of WOMEN'S CLUBS**

The Washington Clubwoman

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**2024-2026 GFWC-WS
Executive Committee:**

President:

Kimberly Skagen

President Elect:

Cindy Bassage

Vice President:

Paulette Stinson

Secretary:

Nancy Jones

Treasurer:

Jeanette Jester

Columbia District:

Carol Styles

King County District:

Brianne Palomino

Peninsula District:

Rena Johnston

North Eastern District:

Lela Taylor



Advisories:

Parliamentary Advisor:

Carlene Garner

Financial Secretary:

Nancy Larsen

Endowment Trustee:

Cheryl Holman

Administrative Secretary:

Susan Tyler



Events & Special Days

- Aug 17** GFWC-WS Summer Planning/Fall Board/WSR Planning Meeting
GFWC-WS Summer Bash
Sumner VFW, 1705 Willow St.,
Sumner, WA 98390
- Sept 5-8** WSR Embassy Suites by Hilton,
Seattle-Tacoma International Air
port, 15920 West Valley Highway,
Tukwila
- Sept 22** Little-Steps Big-Dreams 5K
- Sept 28** National Day of Service-Food
Insecurity & Hunger
- Oct 1** International Coffee Day
- Oct 31** Halloween
- Nov 1** WA Clubwoman articles due to
editor



It is time to send _____ in club dues. They are \$21.00 per member. Dues are to be paid by November 1st and will be delinquent by December 1st. Please make the check out to:

GFWC-WS & Mail to: GFWC-WS
c/o Jeanette Jester
4211 NE Franklin Street
Camas, WA 98607

Dues form is at the end of this newsletter.

**Keep up to date with GFWC happenings ...
locally, nationally and around the state.**

Our GFWC-WS website:

<https://www.gfwcws.org>

Our email for website submissions:

webmasters@gfwcws.org

Find... Forms! Manuals! District events!

Pictures! Club & State newsletters!

So many things to find!





GFWC Washington State 2024-2026 Administrative Handbook



Dues & Contributions form

Contact Person:

Jeanette Jester
GFWC-WS Treasurer
Phone: 360-834-2354 (h), 360-901-9387 (c)
email: jemajester@aol.com

GFWC Club Dues are:

PAYABLE July 1 each year
DUE by November 1 each year
DELINQUENT after December 1 each year

Dues must be paid on all members, including honorary or lifetime.

Dues include paid membership to GFWC, membership to GFWC Washington State, and receipt of the quarterly GFWC-WS Clubwoman Newsletter.

Club Membership Lists are required for the contact and newsletter database.

Please provide a printed spreadsheet with ALL the following information:

Name | address/city/state/zip | email | phone (home/cell) | birthdate

Date _____

Club Name _____ District _____

Club President _____

Club Treasurer _____

Dues: Number of Members _____ @ \$ 21.00 each _____

Coins for Art _____

GFWC-WS Scholarship Fund _____

Kathy Estep Scholarship Fund _____

District Hostess Contribution _____

Federation Forest _____

Others, please specify _____

Total Amount Enclosed \$ _____

Make checks payable to: GFWC-Washington State

Mail to: Jeanette Jester, GFWC-WS Treasurer
4211 NE Franklin Street, Camas, WA 98607

Endowment Fund contributions go directly to the Endowment Trustee:

Mail to: Cheryl Holman, Endowment Trustee | 1403 SE Fancy Free Dr, Pullman, WA 99163

Please make copies of this original. You will need to use a new copy each time you send a dues payment or a donation to the GFWC-WS Treasurer during this administration.

2024 GFWC Western States Region Conference September 6-8, 2024 ~ Tukwila, WA



Conference Registration Deadline: August 10, 2024
(Please use a separate form for each attendee)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____ 1st time attendee? Yes _____ No _____

Federation Title _____

(GFWC, WSR, STATE, DISTRICT, CLUB, GUEST, BOOSTER)

Conference Registration fee	\$25	<u>\$25</u>
Meal Selections: (see attached for descriptions)		
Friday – Washington State Night Dinner		
Pacific Salmon	\$85	_____
Vegetarian Risotto	\$85	_____
Saturday – Boxed Lunch		
Roast Beef Pub Sandwich	\$50	_____
Vegan Hummus Wrap	\$50	_____
Embassy Cobb Salad	\$50	_____
Saturday – Dinner		
Jidori Free-Range Chicken	\$80	_____
Sweet Potato Gnocchi	\$80	_____
Tour Selections: (see attached for descriptions)		
Thursday Sept 5 th – All Day Snoqualmie Falls	\$90	_____
Friday Sept 6 th – Half Day to Seattle	\$70	_____
TOTAL all items		_____

Dietary restrictions (not preferences): _____

Make checks payable to: GFWC-Washington State

Mail registration form and check to:
Kim Skagen | 12100 Triviere Trail | Port Orchard, WA 98367
Registration Deadline: August 10, 2024 ~~~ No refunds after August 26, 2024

Menu Choices

Friday September 6 – Washington State Night dinner

Included with either meal:

House Salad - Mixed Greens, Red Onion, Sliced Cucumber, Cherry Tomato, Balsamic Vinaigrette (GF)

Dessert - Washington Caramel Apple Cheesecake with Caramel Topping, Whipped Cream (V)

Pacific Salmon

Garlic White Wine Sauce, Herbed Risotto (GF)

Vegetarian Risotto

Roasted Garlic & Shallot Risotto, Shaved Parmesan (GF, V)

Saturday September 7 – Lunch

Included with either selection:

Whole Fresh Fruit, Cookie, Tim's Cascade Potato Chips (Roll & Butter Included with Salads instead of Chips), Bottled Water or Assorted Coca Cola Soft Drinks.

Roast Beef Pub Sandwich | Herbed Top Round Beef, Sharp Cheddar, Caramelized Onion, Tomato, Arcadian Lettuce, Roasted Garlic & Horseradish Aioli, Pretzel Bun

Vegan Hummus Wrap | House-made Hummus, Tomato, Romaine, Roasted Red Pepper, Spinach, Cucumber, Avocado, Whole Wheat Tortilla (VN)

Embassy Cobb Salad | Mixed Greens, Grilled Chicken Breast, Tomato, Olive, Gorgonzola, Bacon, Egg, Buttermilk Ranch Dressing (GF)

Saturday September 7 – Dinner

Included with either meal:

Market Salad - Baby Lettuce, Rainbow Radishes, Candied Walnuts, Blue Cheese, served with Raspberry Vinaigrette (V, GF)

Dessert - Flourless Chocolate Torte Strawberries, Whipped Cream (V, GF)

Jidori Free-Range Chicken

Oven Roasted, Chicken Jus, Garlic Mashed Potato (GF)

Sweet Potato Gnocchi

Brown Butter Sauce, Pine Nuts (GF, V)

V= Vegetarian | VN=Vegan | GF=Gluten Free | DF=Dairy Free

WSR Tours

Thursday, September 5, 2024 – all day tour! Snoqualmie Falls & Salish Lodge / Woodinville Wineries/Alki Beach – \$90

Depart the hotel at 9 am arriving at the falls with time to walk to the viewing/photo area. Those that feel like a hike head to the bottom of the falls for additional photo ops. There is a great gift shop and lounge in the lobby if people want to rest and grab a coffee. Will be about an hour stop.



Then it's on to **Woodinville** – Arrive 11:30 a.m. (2-hour stop). Lunch is on your own. There are several restaurants, all within walking distance, and a variety of choices for lunch. Following lunch, you will have time to visit several wineries on the Wine Walk. You can participate in tastings on your own. The tasting fees are waived if you buy a bottle of wine. There are no additional fees.

Last, we head for **Alki Beach**, the birthplace of Seattle. The guide will provide a history of the area and how it grew. There will be photo ops of the City and Puget Sound. Returning to hotel by 4:30-5:00 p.m.

Friday, September 6, 2024, Half day tour to Seattle - \$70

The Hiram Chittendon Locks connect Lake Washington and Lake Union to Puget Sound. There is a Botanical Garden to visit if you choose. After watching the locks move boats from lake level to sound level, we will work our way to the fish ladders. The ladders help to move returning salmon up to the lakes and streams above the Sound. The bus will pick us up on this side of the locks. A guide will have helped to move the passengers to the pick-up point. Board the bus and then off to Pike Place Market.



Next Stop – Experience the History and Culture of the **Pike Place Market**

The passengers will disembark and roam the Market to see flying fish, beautiful flowers, and craftsmen of every kind. Great shopping. If they wish they can grab lunch at one of the hundreds of eateries or one of the delicious bakeries, treats available from multiple sources!

Everyone needs to seek out the gum wall. Make sure you are chewing so you can leave your mark. Following the Market, we will enjoy a city tour on our way to the hotel.

This tour offers a glimpse of Seattle's history. The guide will share not only history but the cultural richness of the city as we travel through various sections of the city. Photo ops throughout the tour. Returns to hotel by 2 pm.



Western States Region Conference September 5-8, 2024

Embassy Suites by Hilton Seattle-Tacoma International Airport

15920 West Valley Highway, Tukwila, WA 98188

Phone (425) 227-8844

Available Rooms:

2 Room Suite - 1 King Bed with Queen Sofabed \$189 plus taxes

2 Room Suite - 2 Double Beds W/ Queen Sofabed \$189 plus taxes

Call 1-800-Embassy (1-800-362-2779) Reference **Group code GFW**

Or by using our booking link: [Western States Region Conference](#)

Rooms are available as early as Wednesday Sept 4 under the Group Rate.

Hotel Block Closes August 7th

Less than 10 minutes from Seattle-Tacoma International Airport via 24-hour shuttle. Tukwila station (Sounder Train) is a six-minute walk away, providing direct links to downtown Seattle. Start the day with a free made-to-order breakfast and enjoy our complimentary evening reception. Westfield Shopping Center is also nearby with lots of shopping and multiple restaurants.

Your stay with Embassy Suites by Hilton includes:

- ✓ Free made-to-order breakfast Weekdays 6:00-9:00am; Weekend 7:30-10:30am
- ✓ Complimentary evening reception Nightly 5:30 to 7:00pm (2 free drinks / guest)
- ✓ On-site Starbucks Coffee Cafe Open daily
- ✓ On-site Bar and restaurant Nightly 5:00 to 10:00pm
- ✓ Indoor pool ✓ Fitness center
- ✓ Pet-friendly rooms ✓ Business center
- ✓ Free WiFi ✓ Non-smoking rooms

Hotel is cashless – Bar, Coffee Bar, or Food charges can be charged to your room or your preferred card.

Check-in Time 4:00 PM Check-out Time 12:00 PM

Parking ~~\$22.00 / night~~ fees waived for Conference attendees!

Hotel and Courtesy Shuttles

Embassy Suites offers 24-hour Courtesy Shuttle service and will pick up and drop off on the **courtesy island shuttle lane**. This is located on the 3rd floor of the parking structure at Islands 1 and 3. (Look for airport signs for Ground Transportation, Courtesy Shuttles) Please contact the hotel directly to inquire to obtain the courtesy shuttle to and from the Airport if you don't see one readily available. It can take 15-20 minutes for the shuttle to get there. Embassy Suites Hotel – 425-227-8844