

OFFICIAL CALL

To the 106th Annual **WESTERN STATES REGION CONFERENCE**

September 6-8, 2024
Tukwila, Washington
Embassy Suites by Hilton Seattle-Tacoma International Airport

“Reach For The Stars”

Dear Members of the Western States Region,

As your WSR President, I am excited to invite all the clubwomen in our region to the 106th Annual Western States Region Conference in Tukwila, Washington, September 6-8, 2024 at the Embassy Suites by Hilton Seattle-Tacoma International Airport. I was born and raised in Washington State (the Eastern part) before moving to Oregon so I have a special place in my heart for Washington State. I know you will enjoy this conference and hope you encourage all your fellow clubwomen to attend.

We will be joined by GFWC international President Suellen Brazil and GFWC President-elect Wendy Carriker who will bring greetings and information from GFWC. There will be interactive, interesting and informative presentations from each of the GFWC Program areas, so come prepared to learn!

If you come early to the conference there will be tours on Thursday and Friday morning to show you some of the beautiful nature, history, food, shopping and sights of the area!

And of course, there will be lots of opportunities to network and catch up with your GFWC friends from across the region. If you are a LEADS graduate there will be a social time for you to reconnect with your fellow graduates.

If you have not already done so, be sure to make your hotel reservations before the deadline of August 7, 2024 to receive the special rate.

The registration form for the conference is included in the Call and the deadline for registration is August 12, 2024.

See you in September!

Pam Briggs, President
Western States Region

WSR Tours

Thursday, September 5, 2024 – all day tour! Snoqualmie Falls & Salish Lodge / Woodinville Wineries/Alki Beach – \$90

Depart the hotel at 9 am arriving at the falls with time to walk to the viewing/photo area. Those that feel like a hike head to the bottom of the falls for additional photo ops. There is a great gift shop and lounge in the lobby if people want to rest and grab a coffee. Will be about an hour stop.



Then it's on to **Woodinville** – Arrive 11:30 a.m. (2-hour stop). Lunch is on your own. There are several restaurants, all within walking distance, and a variety of choices for lunch. Following lunch, you will have time to visit several wineries on the Wine Walk. You can participate in tastings on your own. The tasting fees are waived if you buy a bottle of wine. There are no additional fees.

Last, we head for **Alki Beach**, the birthplace of Seattle. The guide will provide a history of the area and how it grew. There will be photo ops of the City and Puget Sound. Returning to hotel by 4:30-5:00 p.m.

Friday, September 6, 2024, Half day tour to Seattle - \$70

The Hiram Chittendon Locks connect Lake Washington and Lake Union to Puget Sound. There is a Botanical Garden to visit if you choose. After watching the locks move boats from lake level to sound level, we will work our way to the fish ladders. The ladders help to move returning salmon up to the lakes and streams above the Sound. The bus will pick us up on this side of the locks. A guide will have helped to move the passengers to the pick-up point. Board the bus and then off to Pike Place Market.



Next Stop – Experience the History and Culture of the **Pike Place Market**

The passengers will disembark and roam the Market to see flying fish, beautiful flowers, and craftsmen of every kind. Great shopping. If they wish they can grab lunch at one of the hundreds of eateries or one of the delicious bakeries, treats available from multiple sources!

Everyone needs to seek out the gum wall. Make sure you are chewing so you can leave your mark. Following the Market, we will enjoy a city tour on our way to the hotel.

This tour offers a glimpse of Seattle's history. The guide will share not only history but the cultural richness of the city as we travel through various sections of the city. Photo ops throughout the tour. Returns to hotel by 2 pm.



GFWC
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**GENERAL FEDERATION
 OF WOMEN'S CLUBS**
 WESTERN STATES REGION



Western States Region Conference September 5-8, 2024

Embassy Suites by Hilton Seattle-Tacoma International Airport
 15920 West Valley Highway, Tukwila, WA 98188
 Phone (425) 227-8844

Available Rooms:

- 2 Room Suite - 1 King Bed with Queen Sofabed \$189 plus taxes
 - 2 Room Suite - 2 Double Beds W/ Queen Sofabed \$189 plus taxes
- Call 1-800-Embassy (1-800-362-2779) Reference **Group code GFW**
 Or by using our booking link: [Western States Region Conference](#)

Rooms are available as early as Wednesday Sept 4 under the Group Rate.
Hotel Block Closes August 7th

Less than 10 minutes from Seattle-Tacoma International Airport via 24-hour shuttle. Tukwila station (Sounder Train) is a six-minute walk away, providing direct links to downtown Seattle. Start the day with a free made-to-order breakfast and enjoy our complimentary evening reception. Westfield Shopping Center is also nearby with lots of shopping and multiple restaurants.

Your stay with Embassy Suites by Hilton includes:

- ✓ Free made-to-order breakfast Weekdays 6:00-9:00am; Weekend 7:30-10:30am
- ✓ Complimentary evening reception Nightly 5:30 to 7:00pm (2 free drinks / guest)
- ✓ On-site Starbucks Coffee Cafe Open daily
- ✓ On-site Bar and restaurant Nightly 5:00 to 10:00pm
- ✓ Indoor pool ✓ Fitness center
- ✓ Pet-friendly rooms ✓ Business center
- ✓ Free WiFi ✓ Non-smoking rooms

Hotel is cashless – Bar, Coffee Bar, or Food charges can be charged to your room or your preferred card.

Check-in Time	4:00 PM	Check-out Time	12:00 PM
Parking	\$22.00 / night	fees waived for Conference attendees!	

Hotel and Courtesy Shuttles

Embassy Suites offers 24-hour Courtesy Shuttle service and will pick up and drop off on the **courtesy island shuttle lane**. This is located on the 3rd floor of the parking structure at Islands 1 and 3. (Look for airport signs for Ground Transportation, Courtesy Shuttles) Please contact the hotel directly to inquire to obtain the courtesy shuttle to and from the Airport if you don't see one readily available. It can take 15-20 minutes for the shuttle to get there. Embassy Suites Hotel – 425-227-8844



2024 GFWC Western States Region Conference September 6-8, 2024 ~ Tukwila, WA

Conference Registration Deadline: August 10, 2024
(Please use a separate form for each attendee)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____ 1st time attendee? Yes _____ No _____

Federation Title _____
(GFWC, WSR, STATE, DISTRICT, CLUB, GUEST, BOOSTER)

Conference Registration fee **\$25** **\$25**

Meal Selections: (see attached for descriptions)

Friday – Washington State Night Dinner

Pacific Salmon **\$85** _____

Vegetarian Risotto **\$85** _____

Saturday – Boxed Lunch

Roast Beef Pub Sandwich **\$50** _____

Vegan Hummus Wrap **\$50** _____

Embassy Cobb Salad **\$50** _____

Saturday – Dinner

Jidori Free-Range Chicken **\$80** _____

Sweet Potato Gnocchi **\$80** _____

Tour Selections: (see attached for descriptions)

Thursday Sept 5th – All Day Snoqualmie Falls **\$90** _____

Friday Sept 6th – Half Day to Seattle **\$70** _____

TOTAL all items _____

Dietary restrictions (not preferences): _____

Make checks payable to: GFWC-Washington State
Mail registration form and check to:
Kim Skagen | 12100 Triviere Trail | Port Orchard, WA 98367

Registration Deadline: August 10, 2024 ~~~ No refunds after August 26, 2024

Menu Choices

Friday September 6 – Washington State Night dinner

Included with either meal:

House Salad - Mixed Greens, Red Onion, Sliced Cucumber, Cherry Tomato, Balsamic Vinaigrette (GF)

Dessert - Washington Caramel Apple Cheesecake with Caramel Topping, Whipped Cream (V)

Pacific Salmon

Garlic White Wine Sauce, Herbed Risotto (GF)

Vegetarian Risotto

Roasted Garlic & Shallot Risotto, Shaved Parmesan (GF, V)

Saturday September 7 – Lunch

Included with either selection:

Whole Fresh Fruit, Cookie, Tim's Cascade Potato Chips (Roll & Butter Included with Salads instead of Chips), Bottled Water or Assorted Coca Cola Soft Drinks.

Roast Beef Pub Sandwich | Herbed Top Round Beef, Sharp Cheddar, Caramelized Onion, Tomato, Arcadian Lettuce, Roasted Garlic & Horseradish Aioli, Pretzel Bun

Vegan Hummus Wrap | House-made Hummus, Tomato, Romaine, Roasted Red Pepper, Spinach, Cucumber, Avocado, Whole Wheat Tortilla (VN)

Embassy Cobb Salad | Mixed Greens, Grilled Chicken Breast, Tomato, Olive, Gorgonzola, Bacon, Egg, Buttermilk Ranch Dressing (GF)

Saturday September 7 – Dinner

Included with either meal:

Market Salad - Baby Lettuce, Rainbow Radishes, Candied Walnuts, Blue Cheese, served with Raspberry Vinaigrette (V, GF)

Dessert - Flourless Chocolate Torte Strawberries, Whipped Cream (V, GF)

Jidori Free-Range Chicken

Oven Roasted, Chicken Jus, Garlic Mashed Potato (GF)

Sweet Potato Gnocchi

Brown Butter Sauce, Pine Nuts (GF, V)

V= Vegetarian | VN=Vegan | GF=Gluten Free | DF=Dairy Free